

**Monday**



Pork Sausages (G.SU)

OR



(v) Chinese Style Quorn Noodles (E.G.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (E.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

OR



Tuna Mayo Sandwich (F.E.G.SB.)

OR



Roast Chicken Soft Bap (G.)

OR



(v) Cheese Soft Bap (D.G.)

OR



Sliced Ham Sandwich (SB.G.)

OR



(v) Egg Mayonnaise & Cress Soft Bap (G.E.)

**Tuesday**



BBQ Chicken Fillet Wrap (G.)

OR



(v) Chef's Free Range Omelette (D.E.)

**Wednesday**



Roast Pork or Gammon

OR



(v) Vegetable Korma (M.D.E.)

**Thursday**



Pasta Bolognese (G.) Optional Cheese (D.)

OR



(v) Cheddar Cheese and Potato Pie (D.E.)

**Friday**



\*Crispy Fishcake (F.G.SB.)

OR



(v) Rustic Margherita Pizza (D.G.)

**Week 1 Dessert Menu**

Every day we offer:  
(v) Yeo Valley organic yoghurt (D.) or fresh fruit as alternative dessert options

**Monday**  
(v) Strawberry Swirl Mousse (D.) or (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

**Tuesday**  
(v) Homemade Peach Melba Sponge with Raspberry Drizzle Icing (G.E.)

**Wednesday**  
(vg) Homemade Apple Charlotte (G.SU) with (v) Custard (D.)  
*baked apple with a crispy, oaty topping*  
or (v) Ice Cream Tub (D.)

**Thursday**  
(v) Chocolate Mousse with Fruit in Juice (D.) or (vg) Homemade Cherry Cookie (G.)

**Friday**  
(v) Homemade Chocolate Frosted Sponge (G.E.D)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown in the photographs.**

**Key**

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

\*Salmon and Sweet Potato



**Monday**



Organic Pork Meatballs (G.SU)

OR



(vg) Veggie Sausages (G)

Every day choose from:

OR



(v) Cheese Soft Bap (D.G.)

**Tuesday**



Brunch: Sausage (G.SU), Bacon, Omelette (D.E)

OR



(v) Quorn Korma (very mild) (M.D.E)



(v) Jacket Potato with Cheese (D.)

OR

OR



British Roast Chicken Wrap (G.)

**Wednesday**



Roast Beef in Gravy

OR



(vg) Veggie Bolognese with Noodles (G.SB.)



Jacket Potato with Tuna Mayonnaise (E.F)

OR

OR



Ham Soft Bap (G.)

**Thursday**



Chicken Pie (D.G.)

OR



(vg) Breadcrumbed Vegetable Fingers (G.)



(v) Jacket Potato with Cheese and Beans (D.)

OR



Tuna Mayo Sandwich (F.E.G.SB.)

**Friday**



Breaded Pollock Fillet (F.)

OR



(v) Quorn Nuggets (G.D.E.)

OR



(v) Cheese Soft Bap (D.G.)

**Week 2 Dessert Menu**

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(vg) Homemade Flapjack (G.)

**Tuesday**

(v.) Homemade Chef's Sponge Cake with Fruit in Juice (G.E.)

**Wednesday**

(vg.) Homemade Fruit Crumble (G.) with (v) Custard (D.) or (v) Ice Cream Tub (D.)

**Thursday**

(v) Homemade Up Beet Chocolate Cake (G.E)

**Friday**

(v) Dinky Doughnuts with Dipping Sauce (G.E.D.SB.)

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**Allergies**

Please contact your school cook for information regarding the content of dishes and products on our menu.

**Meat Free Monday**



(v) Cheese and Tomato Pizza Wedge (D.G.)

OR



(vg) Plant Power Veggie Balls with Rustic Tomato Sauce

**Tuesday**



Organic Beef Grill (G.) in a Bun (G.)

OR



(v) Cheesy Pasta Bake (G.D.)

**Wednesday**



Roast Chicken Joint or Fillet

OR



(v) Quorn Fillet (E)

**Thursday**



Organic Beef and Tomato Fusilli (G.)  
Optional Cheese (D.)

OR



(vg) Veggie Hot Dog (G.)

**Friday**



Gluten Free Fish Fillet Fingers (F.)

OR



(v) Jacket Potato with Cheese (D.)



OR



(v) Cheddar Cheese Sandwich (D.G.SB), Chocolate Cracknel (G.), Juice Carton



OR



British Roast Chicken Wrap (G.), Yoghurt (D.), Raisin Box, Juice Carton

OR



Tuna Mayo Soft Bap (G.F.E.) Zesty Orange Cookie (G.), Fresh Fruit, Milkshake (D.)

OR



British Roast Chicken Soft Bap (G.), Shortbread (G.), Fresh Fruit, Milkshake (D.)

OR



(v) Cheddar Cheese Wrap (D.G.), Chocolate and Pear Brownie (G.E.) Juice Carton

**Week 3 Dessert Menu**

Every day we offer:  
(v) Yeo Valley organic yoghurt (D.) or fresh fruit as alternative dessert options

Monday  
(vg) Homemade Chocolate Cracknel (G.)

Tuesday  
Jelly with Fruit or  
(v) Ice Cream Tub (D.)

Wednesday  
(v) Homemade Syrup Sponge (G.E.) with Custard (D) or  
(vg) Homemade Zesty Orange Cookie (G.)

Thursday  
(vg) Homemade Shortbread (G.)

Friday  
(v) Homemade Chocolate and Pear Brownie (G.E.)  
(v) Ice Cream Tub (D.)

**PLEASE NOTE** All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

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