

	DfE NC Objectives DfE Statutory Relationships & Health Education outcomes and links to Development matters.	REMEMBER (prior Knowledge) From DfE Development Matters	KNOW (new knowledge)
Being Me in my World	<p>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</p> <p>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>Explain the reasons for rules, know right from wrong and try to behave accordingly.</p> <p>Work and play co-operatively and take turns with others.</p> <p>Show sensitivity to their own and to others' needs.</p>	<p>PSED-</p> <p>I can identify my feelings using pictures</p> <p>I can choose my own resources.</p> <p>I can play alongside others (in parallel)</p>	<p>Week 1</p> <p>I know how it feels to belong and that we are similar and different.</p> <p>Week 2</p> <p>I can start to know and manage my feelings</p> <p>Week 3</p> <p>I can start to know and manage my feelings</p> <p>Week 4</p> <p>I know why it is good to be kind and use gentle hands</p> <p>Week 5</p> <p>I am starting to know children's rights, and this means we should all be allowed to learn and play</p> <p>Week 6</p> <p>I am learning what being responsible means</p>
Celebrating Differences	<p>Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.</p> <p>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>Show sensitivity to their own and to others' needs.</p>	<p>I can follow simple routines.</p> <p>I can try new things.</p>	<p>Week 1</p> <p>I can identify something I am good at and know everyone is good at different things</p> <p>Week 2</p> <p>I know that being different makes us all special</p> <p>Week 3</p> <p>I know we are all different but the same in some ways.</p> <p>Week 4</p> <p>I can tell you why I think my home is special to me</p> <p>Week 5</p> <p>I can tell you how to be a kind friend</p> <p>Week 6</p> <p>I know which words to use to stand up for myself when someone says or does something unkind</p>
Dreams and Goals	<p>See themselves as a valuable individual.</p>	<p>I can name some emotions</p>	<p>Week 1</p> <p>I know that if I persevere I can tackle challenges</p> <p>Week 2</p>

	<p>Show resilience and perseverance in the face of challenge</p> <p>Talk about members of their immediate family and community.</p> <p>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.</p> <p>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.</p> <p>Work and play co-operatively and take turns with others.</p>	<p>I can play alongside other sometimes joining in.</p> <p>I can try new things.</p>	<p>I can tell you about a time I didn't give up until I achieved my goal</p> <p>Week 3</p> <p>I can set a goal and work towards it</p> <p>Week 4</p> <p>I can set a goal and work towards it</p> <p>Week 5</p> <p>I know the link between what I learn now and the job I might like to do when I'm older</p> <p>Week 6</p> <p>I can say how I feel when I achieve a goal and know what it means to feel proud.</p>
Healthy Me	<p>Express their feelings and consider the feelings of others.</p> <p>Know how to listen carefully and why listening is important.</p> <p>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p>	<p>I can take myself to the toilet</p> <p>I can take off my coat and shoes.</p>	<p>Week 1</p> <p>I know that I need to exercise to keep my body healthy</p> <p>Week 2</p> <p>I know how moving and resting are good for my body</p> <p>Week 3</p> <p>I know which foods are healthy and not so healthy and can make healthy eating choices</p> <p>Week 4</p> <p>I know how to help myself go to sleep and know why sleep is good for me</p> <p>Week 5</p> <p>I know how to help myself go to sleep and know why sleep is good for me</p> <p>Week 6</p> <p>I know what a stranger is and how to stay safe if a stranger approaches me</p>
Relationships	<p>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</p>	<p>I can talk about some of my own emotions.</p>	<p>Week 1</p> <p>I can identify some of the jobs I do in my family and how I feel like I belong</p> <p>Week 2</p>

	<p>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>Form positive attachments to adults and friendships with peers.</p>	<p>I can choose the resources I use and decide how to use them.</p> <p>I can shift my attention from one focus to another with adult support.</p> <p>I can wait for an adult to respond with my needs with support.</p> <p>I can follow one instruction with at least 3 key words.</p>	<p>I know how to make friends to stop myself from feeling lonely</p> <p>Week 3 I can think of ways to solve problems and stay friends</p> <p>Week 4 I am starting to know the impact of unkind words</p> <p>Week 5 I am starting to know the impact of unkind words</p> <p>Week 6 I know how to be a good friend</p>
Changing Me	<p>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>Show sensitivity to their own and to others' needs.</p>	<p>I can try new things</p> <p>I can follow simple routines and rules.</p> <p>I can put on and take off my coat and shoes.</p> <p>I can take myself to the toilet and wash hands independently.</p> <p>I can invite others to play with me.</p> <p>I can form friendships.</p>	<p>Week 1 I can name parts of the body</p> <p>Week 2 I can name parts of the body</p> <p>Week 3 I know that we all grow from babies to adults</p> <p>Week 4 I can express how I feel about moving to Year 1</p> <p>Week 5 I can talk about my worries and/or the things I am looking forward to about being in Year 1</p> <p>Week 6 I can share my memories of the best bits of this year in Reception</p>