

Early Years Foundation Stage  
Curriculum Overview



PERSONAL, SOCIAL & EMOTIONAL DEVELOPMENT

Nursery			Reception		
Autumn	Spring	Summer	Autumn	Spring	Summer
<ul style="list-style-type: none"> <li>• I can identify my feelings using pictures</li> <li>• I can choose my own resources</li> <li>• I can play alongside others (in parallel)</li> <li>• I can follow simple routines</li> <li>• I can try new things</li> <li>• I can tell an adult when I need the toilet</li> <li>• I can take off my coat and shoes</li> </ul>	<ul style="list-style-type: none"> <li>• I can name some emotions</li> <li>• I can play alongside others sometimes joining in</li> <li>• I can take myself to the toilet</li> <li>• I can take off my coat and shoes</li> </ul>	<p><b>Self Regulation</b></p> <ul style="list-style-type: none"> <li>• I can talk about some of my own emotions</li> <li>• I can choose the resources I use and decide how to use them</li> <li>• I can shift my attention from one focus to another with adult support</li> <li>• I can wait for an adult to respond to my needs with support</li> <li>• I can follow one instruction with at least 3 key words e.g. put the <b>red spoon</b> in the <b>box</b></li> </ul> <p><b>Managing Self</b></p> <ul style="list-style-type: none"> <li>• I can try new things</li> <li>• I can follow simple rules and routines</li> <li>• I can put on and take off my coat and shoes</li> <li>• I can take myself to the toilet and wash hands independently</li> </ul> <p><b>Building Relationships</b></p> <ul style="list-style-type: none"> <li>• I can invite others to play with me</li> <li>• I can form friendships</li> </ul>	<p><b>Self Regulation</b></p> <ul style="list-style-type: none"> <li>• I can give simple reasons for the way I feel</li> <li>• I can combine resources in my play</li> <li>• I can follow and instruction containing at least two parts e.g. put the red spoon in the box and the blue fork in the bag</li> </ul> <p><b>Managing Self</b></p> <ul style="list-style-type: none"> <li>• I can tackle things that might be difficult</li> <li>• I can make independent choices</li> <li>• I can follow new rules and routines</li> </ul> <p><b>Building Relationships</b></p> <ul style="list-style-type: none"> <li>• I can work well with others</li> <li>• I can take turns and share with support</li> </ul>	<p><b>Self Regulation</b></p> <ul style="list-style-type: none"> <li>• I can talk about how I and others feel</li> <li>• I can tackle new challenges</li> <li>• I can shift my attention from one focus to another</li> <li>• I can follow a series of instructions</li> </ul> <p><b>Managing Self</b></p> <ul style="list-style-type: none"> <li>• I can talk about the problems I encounter and find ways to solve them</li> <li>• I can make simple independent decisions and choices</li> </ul> <p><b>Building Relationships</b></p> <ul style="list-style-type: none"> <li>• I can take turns and share independently</li> </ul>	<p><b>Self Regulation</b></p> <ul style="list-style-type: none"> <li>• I can talk about my own and others emotions and respond appropriately</li> <li>• I can wait for an adult to respond to my needs</li> <li>• I can try different ways of doing things to achieve my goal</li> <li>• I can focus my attention in a range of situations</li> <li>• I can follow instructions containing prepositions and comparative language</li> </ul> <p><b>Managing Self</b></p> <ul style="list-style-type: none"> <li>• I can show some resilience and perseverance when faced with a problem</li> <li>• I can reasons for my simple independent decisions and choices</li> <li>• I can talk about how to keep myself safe in different situations</li> <li>• I can behave appropriately in a range of situations</li> <li>• I can manage my own personal hygiene</li> <li>• I can dress and undress</li> <li>• I can make healthy food choices</li> </ul> <p><b>Building Relationships</b></p> <ul style="list-style-type: none"> <li>• I can work and play co-operatively with others</li> <li>• I can be kind to others</li> </ul>