

Year 2 – Unit 4 – Creative

Week	NC Objective	Focus	Remember (Prior knowledge)	Know (New Knowledge)
1 - 3	<i>Extend their agility, balance and coordination, individually and with others.</i>	Coordination Ball skills	With both right and left hand, maintaining control: <ul style="list-style-type: none"> - To know how to sit and roll a ball up and down legs and round upper body using one hand. - To know how to stand and roll a ball up and down legs and round upper body using one hand. 	In less than 20 seconds and in both directions, maintaining control: <ul style="list-style-type: none"> - To know how to stand with my legs apart and move a ball around one leg 16 times. - To know how to move a ball around my waist 17 times. - To know how to stand with my legs apart and movable around alternate legs 16 times.
4 - 6	<i>Extend their agility, balance and coordination, individually and with others.</i>	Counter Balance With a partner	With a partner, maintaining balance throughout: <ul style="list-style-type: none"> - To know how to hold on and, with a long base, lean back, hold our balance and move back together again. - To know how to hold on with 1 hand and, with a long base, lean back, hold our balance and move back together again. 	With a partner, maintaining balance throughout: <ul style="list-style-type: none"> - To know how to hold and with a short base, lean back hold our balance and move back together. - To know how to hold on with one hand and with a short base, lean back, hold our balance and then move back together - To know how to complete the short-based challenges with eyes closed.